

Kevin Woods' Story



Kevin Woods entered the Rescue Mission's Recovery Program in 2011. He had been in bondage to addiction for many years, had spent time in prison and had come to the Mission seeking shelter after his release. He needed a place to stand while he tried to build a new life.

In the Residential Recovery Program he performed a daily service assignment, attended classes (with homework), attended AA meetings, became active in a church, and built a support team that included a sponsor, a coach, a spiritual director and a team of

family and friends who would hold him accountable to the things he said they needed to do to become the person he wanted to be. The Recovery Program has 4 phases:

- **Phase I: Commitment and Involvement; 12 weeks.** 90 support meetings in 90 days, 12-Step Intro (faith approach to the 12-Steps), Peer 12, Codependency, Decision-Making, Self-Esteem, and Spiritual Formations
- **Phase II: Self-Awareness, Healing and Restoration; 16 weeks.** Anger Management, Behavior Modification, Boundaries, Christian Car Care, Forgiveness, Hooked for Life, Spiritual Journey, Stage II Recovery
- **Phase III Goal Setting and Transition; 12 weeks.** Budget and Finance, Intro to Christianity, Job Skills, Relapse Issues, Social Integration, Safe People
- **Phase IV: Graduation and Separation.** Individual Aftercare plans for continued support and independent living.

Before graduation, Kevin was a Rescue Mission Dental Clinic patient. He was missing four front upper teeth. He was ashamed of his toothless smile so he never let people see it. Between the efforts of a volunteer dentist and a gift from a local dental lab, Kevin was fitted with an upper plate that filled the gaps and completed his smile. The new smile gave Kevin a new level of confidence!



Kevin graduated from the Recovery Program and is employed at Denny's. The most successful Recovery graduates are those who are grateful for what God has done for them and give back to the community in some way. Kevin is a great example of that because he volunteers 2-3 times per week at our 2nd Helpings Café. Kevin has started exercising and losing weight. Recently he has rekindled a relationship with his high school sweetheart. "Things are really looking good," says Kevin. "I never knew it could be this good."