

70% of grinding is due to stress. This causes teeth tips to appear flat.

small chips or cracks on teeth, uneven teeth tips

protruding front teeth, uneven bite, speech problems



### **IF YOUR DENTIST SEES...**



teeth look healthy, but patient has upper teeth pain



swollen gums, loose teeth, cavities



weak enamel, mouth sores, changes in tongue texture

# -71

sinus infection



IT MAY MEAN...

#### diabetes



vitamin deficiency

## **A DELTA DENTAL**®

#### sources

1 http://www.medicaldaily.com/bone-health-mental-health-what-you-can-tell-about-person-looking-their-teeth-301934 2 http://carrington.edu/blog/dental/surprising-things-teeth-reveal/ 3 http://www.prevention.com/health/what-your-dentist-knows-about-your-health